

# Sample Daily Schedule

## Welcome Routine

*(Fostering independence through the development of self-help skills)*

## Exploration Time

*(Children engage with classroom materials and provocations & invitations to play are set up to provoke questions and spark curiosities)*

## Morning Communal Snack

*(Mealtime is an opportunity for the development of social skills, language & independence)*

## Morning Circle

## Outdoor Play

## Story Time

## Enrichment Class

*(Art, Yoga, Music)*

## Lunch

## Relaxation Time

*(Depending on the age and stage of the child, this time can be spent napping or taking a "brain break" before continuing the day. Length of relaxation varies based on the needs of each child and the classroom as a whole)*

## Outdoor Play & Afternoon Snack

## Enrichment Class

*(Science, Gym, Baking)*

## Goodbye Circle

*(A communal closing circle at the end of the day to reflect on our day & set expectations for the next day)*

